

## **THE BELIEVER'S HUMAN SPIRIT**

**Request:** “Could you explain the how the Holy Spirit ministers to the believer’s human spirit?”

Our lesson text sheds spiritual light on this very question:

(Rom.8:16) “The Spirit Himself testifies with our spirit that we are children of God.”

“Testifies with our spirit is the inner testimony of the Holy Spirit to our relationship to Christ.”

<b>We will study four aspects of the Holy Spirit’s ministry to the human spirit of the Believer</b>
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### **1. All mankind is born trichotomous.**

Trichotomous (3) means that we have a human body, soul and spirit.

(James 2:26) “For as the body without the spirit is dead, so also faith without works is dead.”

#### **Solomon’s question:**

(Eccl.3:21) “Who knows that the breath (ruach) of man ascends upward and the breath of beast descends downward to the earth?”

#### **God’s answer:**

(Eccl.12:7) “Then the dust will return to the earth as it was, and the spirit will return to God who gave it.”

Everything created on the 5<sup>th</sup> and 6<sup>th</sup> days of creation were created with a “living soul” (chayyah nephesh) and are trichotomous (Gen.1:20-31) [fish, birds, land animals and man] (1 Cor.15:39)

### **2. Chayyah nephesh (living soul) is the result of the breath of life(s) (neshamah chayyim)**

(Gen.6:17; 2) “Behold, I, even I am bringing the flood of water upon the earth, to destroy all flesh in which is the breath of life, from under heaven; everything that is on the earth shall perish.”

(James 2:26) “As the body without the spirit is dead, so faith without deeds is dead”.

(Job 32:8) “But it is the spirit in man, and the breath of the Almighty gives them understanding.”

#### **The human spirit is the life source from the Breath of Life to everything with chayyah nephesh.**

(Gen.7:15) “So they went into the ark to Noah, by twos of all flesh in which was the breath of life.”

(Gen.7:21-23) “Every living thing that moved on the earth perished--birds, livestock, wild animals, all the creatures that swarm over the earth, and all mankind. Everything on dry land that had the breath of life in its nostrils (**neshamah chayyim**) died. Every living thing on the face of the earth was wiped out; men and animals and the creatures that move along the ground and the birds of the air were wiped from the earth. Only Noah was left and those with him in the ark”

(Gen.7:22) “Of all that was on the dry land, all in whose nostrils was the breath of the spirit of life, died.”

(Luke 23:46 “And Jesus, crying out with a loud voice, said, ‘Father, into Your hands I commit My spirit.’  
Having said this, He breathed His last.”

(Ps.31:5) “Into your hands I commit my spirit; redeem me, O LORD, the God of truth”.

(Job 34:14-15) “If He should determine to do so, if He should gather to Himself His spirit and His breath, all flesh would perish together, all man would return to dust.”

### **3. When the body, soul, and spirit are in unity, a person is considered healthy of orderly life.**

#### **God is the author of order:**

(1 Cor.14:33, 40) “For God is not a God of confusion but of peace, as in all the churches of the saints.”

#### **When one of these three gets out of order, it creates problems for the others, even health issues**

(Prov.4:20-23) “My son, pay attention to what I say; listen closely to my words. Do not let them out of your sight, keep them within your heart; for they are life to those who find them and health to a man's whole body. Above all else, guard your heart, for it is the wellspring of life.  
(Prov.4:12:18; 14:30).

Chemical imbalances such as PMS, menopause or medicine can affect the soul and spirit (Matt.26:41; Acts 17:16).

#### **Distress does not have to have a negative effect upon you**

(John 13:21) “When Jesus had said this, He became troubled in spirit, and said, ‘Truly, truly, I say to you, that one of you will betray Me.” (Job 32:17-18; Ps.51:10, 12)

#### **While we can't read other people's minds, we can read their body and spirit languages**

(Gen.4:6) Then the LORD said to Cain, "Why are you angry? Why is your face downcast?  
(Isa.57:15; 1 Cor.2:11).

(Eccl.7:9) “Do not be eager in your heart (spirit/ ruach) to be angry, for anger resides in the bosom of fools.”

(1 Pet.3:4) “But let it be the hidden person of the heart, with the imperishable quality of a gentle and quiet spirit, which is precious in the sight of God.”

#### **Divorce:**

(Isa.54:6) “For the Lord has called you, like a wife forsaken and grieved in spirit, even like a wife of one's youth when she is rejected.”

#### **Betrayal**

(1 Cor.11:23-24) “For I received from the Lord that which I also delivered to you, that the Lord Jesus in the night in which He was betrayed took bread; and when He had given thanks, He broke it and said, This is My body, which is for you; do this in remembrance of Me.” (Eucharist)

#### 4. The word of God develops the soul and spirit into the mature image of Christ.

(Heb.4:12) “For the word of God is **living** and **active** and **sharper** than any two-edged sword, and **piercing** as far as the division of soul and spirit, of both joints and marrow, and able to **judge** the thoughts and intentions of the heart.” (Eph.4:13)

##### **The Church Age Believer’s Soul**

(Titus 3:5-7) “He saved us, not because of righteous things we had done, but because of his mercy. He saved us through the washing of rebirth and renewal by the Holy Spirit, whom he poured out on us generously through Jesus Christ our Savior, so that, having been justified by his grace, we might become heirs having the hope of eternal life”.

(John 3:6) “Flesh gives birth to flesh, but the Spirit gives birth to spirit”.

(Mark 8:36-37) “What good is it for a man to gain the whole world, yet forfeit his soul? Or what can a man give in exchange for his soul?” (Saved soul)

##### **The Church Age Believer’s Body**

(1 Cor.6:19-20) “Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your body”. (The temple of God)

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The Word of God (cycled by faith) and the Holy Spirit keeps the Trichotomy of the believer working separately and as a unit (1 Cor.6:17; Acts 20:22-23; Eph.4:23; Rom.12:2; Gal.5:16).

(2 Cor.7:1) “Therefore, having these promises, beloved, let us cleanse ourselves from all defilement of flesh and spirit, perfecting holiness in the fear of God.” (Gal.5:16-17; 1 John 1:9).

##### **The Single Woman:**

(1 Cor.7:34-35) “The woman who is unmarried, and the virgin, is concerned about the things of the Lord, that she may be holy both in body and spirit; but who is married is concerned about the things of the world how she may please her husband. This I say for your own benefit; not to put a restraint upon you, but to promote what is appropriate and to secure undistracted devotion to the Lord.” (1 Cor.7:1-2)

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