

BINDING UP BROKEN HEARTS

Request: “Can you explain from the Bible how to treat the pain of a broken heart and is it possible for the heart to become healthy again?”

Last week we studied two broken hearts from outside interference that remained unhealed and unhealthy for years (David and Michal).

Today’s lesson will study four aspects of binding up Broken Hearts so that they are healed and healthy.

1. God is greater than our hearts and the matters of the heart.

(1 Kings 8:39b) “You alone know the hearts of all the sons of men.” [Solomon’s prayer]

(1 John 3:20) “God is greater than our hearts and knows all things.”

(1 Sam.16:7) “The Lord looks at the heart.” (Ps.26:2-3)

2. Our lesson text prophesied that when Christ came into the world He would bind up the broken hearted (Isa.61:1-2).

When you read Isa.61:1-2a, note the following four infinitives (**to**) regarding the Messiah ministry.

“The Spirit of the Lord is upon Me, because the Lord has anointed Me,

- To bring good news to the afflicted;
- **To bind up (chadash / kal infin) the broken (shabar / niphal ptc. a.pl.m) hearted,**
- To proclaim liberty to the captives, and freedom to prisoners;
- To proclaim the favorable year of the Lord [note I have stopped in middle of verse 2].

You might wonder how I know this is messianic prophesy? Jesus claimed it in (Luke 4:16-21).

You will also notice that the wording is little different in English Bible of (Luke 4:18-19). It is taken from the Septuagint translation where in the Greek it is translated (suntribo / perf.p.ptc a.pl.m). However, it is transliterated in the NAS Bible by (thrauo / perf.p. ptc. A.pl.m) [to set free those who are down-trodden / those broken by calamity].

Foot note: Jesus stopped in the middle of Isa.61:2 because the second part dealt with His Second Coming.

Ps.44:21 says, “The Lord knows the secrets of the heart.” This is one reason why He can heal the broken hearted to health again.

During an incident of healing a paralytic, “Some of the scribes said to themselves, ‘This fellow blasphemes.’ And Jesus knowing their thoughts said, ‘Why are you thinking evil in your hearts?’” (Matt.9:3-4)

3. Jesus taught that afflictions would come to believers because they live in the devil's world.

(John 16:33) "These things I have spoken to you, that **in Me** you may have peace. **In the world** you have tribulation, but take courage; I have overcome the world." (1 Pet.4:19)

(1 Pet.4:12-13) "Beloved, do not be surprised at the fiery ordeal among you, which comes upon you for your testing, as though some strange thing were happening to you; **but to the degree that you share the sufferings of Christ, keep on rejoicing**; so that also at the revelation of His glory, you may rejoice with exultation." (Rom.12:12)

(2 Cor.1:3-5) "Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort; who comforts us in ALL our afflictions **so that** we may be able to comfort those who are in any affliction with the comfort with which we ourselves are comforted by God. **For just as the sufferings of Christ are ours in abundance, so also our comfort is abundant through Christ.**"

(1 Pet.1:6-7) "In this you greatly rejoice, even though now for a little while, if necessary, **you have been distressed by various trials, that the proof of your faith, being more precious than gold which is perishable, **even though tested by fire**, may be found to result in praise and glory and honor at the revelation of Jesus Christ."**

(Matt.11:23) David and Michal understood these promises. Yet their faith was influence over a period of time and events to depart from undivided devotion to the truth of God's word – "Truly I say to you, whoever say to this mountain, 'Be taken up and cast into the sea,' **and does not doubt in his heart, but believes** that what he says is going to happen, it shall be granted to him." (James 1:8)

Jesus warned about this in the Parable of Sower and the rocky ground:

(Matt.13:20-21) "Yet he has no firm root in himself, but is only temporary, **and when affliction or persecution arises because of the word**, immediately he falls away.'

4. A major stumbling block was placed in their way when King Saul annulled their marriage and married Michal to another man (Matt.16:23; 2 Cor.10:4-5; 1 Cor.2:5).

This was an act of evil against the divine institution of marriage as well as against them as believers (Eph.6:10-17).

(Matt.19:6b) "What therefore God has joined together let no man separate." (Matt.19:3-9)

In the divine chain of command (God, Christ, husband / wife), the husband and wife submit to divine authority chain.

(1 Cor.11:3) "But I want you to understand that Christ is the head of every man, and the man is the head of the woman, and God is the head of Christ." (John 10:29-30)

(Rom.13:1) "Let every person be in subjection the governing authorities. For there is no authority except from God, and those which exist are established by God." [Divine delegated authority]

What does the Bible say to David about a marriage in between?

(Deut.24:4) "Then her former husband who sent her away is not allowed to take her again to be his wife, since she has been defiled; and you shall not bring sin on the land which the Lord your God gives you as an inheritance." (Deut.24:1-4)

Since David was king and also married and because this case was very unusual, David should have consulted the word of God and the Law and Michal (Col.3:2, 8-14; 2 Thess.3:3; 1 John 5:4; Rom.12:2; 2 Sam.6:23).